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**CLASSROOM HEALTH AND SAFETY COURSES**

| **No** | **SUBJECT** | | **SAQA REG No.** | **No. Of Credits** | | **DURATION TO COMPLETE QUALIFACTION** | **AIM OF COURSE** |
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| 1 | First Aid (Level 1) | | SAQA 119567  & DOL | 5 | | 3 Days | This training course will help you to be able to assess an emergency situation and to provide Basic First Aid.  This course is intended for any person who is required to assess an emergency situation and provide Basic Life Support and Basic First Aid in order to stabilise patients. |
| 2 | First Aid (Level 2) | | DOL | 4 | | 3 Days | The purpose of this training course is to educate, train and develop professional First Aiders. This training course will help you to be able to assess an emergency situation and to provide appropriate First Aid.  This programme is intended for people who are required to assess an emergency situation, provide Basic Life Support and identify, explained and managed injuries according to accepted protocols. |
| 3 | First Aid (Level 3) | | SAQA 254220 & DOL | 8 | | 5 Days | The purpose of this training course is to educate, train and TO further develop professional First Aiders. This training course will help you to be able to assess an emergency situation and to provide advanced First Aid. It is intended for people who are required to assess an emergency situation, provide Basic Life Support and identify, explained and managed injuries according to accepted protocols. |
| fire fighter: Firefighters fighting fire during training  Stock Photo | | | | | | | |
| 4 | Basic Fire Prevention and Fighting (Level 1) | | SAQA  252250 | 3 | | 1 Day | The purpose of this training course is to educate and train persons in fire prevention awareness and techniques, basic firefighting and emergency preparedness and evacuation |
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| 5 | Safety & Health Management | | SAQA  259601 | 3 | | 1 Day | |  | | --- | | Learners credited with this unit standard will be able to explain  the importance of integrating safety and health considerations  in routine activities within the workplace and identify the critical areas in order to prevent incidents taking place.  Learners will be able to measure safety performance against  established objectives, deal with any deviations from the set  objectives and make recommendations on the development of  the safety and health management programme | |
| 6 | Safety Awareness (Supervisors) | | SAQA  259639 | 4 | | 2 Days | |  | | --- | | This training programme will assist you how to display safety and  health principles in and around your workplace, improve your  skills and knowledge required to maintain a safe workplace and  act in accordance with relevant legislation | |
| 7 | Safety Awareness and Legal Compliance (Managers) | | SAQA  259601 | 3 | | 1 Day | The purpose of this training course is to educate and train managers designated as responsible persons in terms of the Occupational Health and Safety Act, 1993 |
| 8 | SHE Representatives | | SAQA 259622 | 3 | | 2 Days | This training programme will explain to you the rights, powers, functions and duties of a health and safety representative in and around your workplace and improve your skills and knowledge required to be a legally compliant representative |
| 9 | SHE Incident Investigators Training | | SAQA  259617 | 3 | | 3 Days | This training programme will help you to understand the legal requirements of health and safety investigations as well as the impact of non-compliance. It will assist you and improve your skills and knowledge required to gather information and conduct post-investigation activities |
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| 10 | HIRA Training (Hazard Incident Risk Assessment) | | SAQA  120330 | 4 | | 3 Days | This training programme will help you to understand the legal requirements for conducting hazard identifications and their associated risk assessments in a workplace. It will assist you in and improve your skills and knowledge required to prepare and conduct continuous risk assessments and how to initiating remedial action. |
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| 11 | Working at Heights | | SAQA 229998 | 2 | | 1 Day | This training programme will explain to you how to and perform fall arrest techniques when working at height |
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| 12 | ISPS Code Awareness Course (International Shipping and Ports Code) | * British Marine Training Organisation M.S.S. Limited - certificate issued by them * Accredited by the British Transport Security Directorate | | | - | 1 Day | This training course is aimed to provide the necessary information and requirements for persons working on a Port or Harbour in order to understand the requirements of the ISPS Code.  The course can also be tailored to the needs of Security Officers working on Ports and Harbours, explaining their duties and responsibilities. |
| **City and Guilds Level 2 Certificate in Health and Safety in the Workplace (4065-02)** | | | | | | | |
| **No** | **SUBJECT** | | **UAN** | **No. of Credits** | | **DURATION TO COMPLETE QUALIFACTION** | **AIM OF COURSE** |
| 1 | UNIT 201 – HEALTH AND SAFETY IN THE WORKPLACE | | H/601/9699 | 1 | | 3 Days | Understand roles and responsibilities for Health, Safety and Welfare in the workplace, Legal requirements, Safety Representative and Committee operations |
| 2 | * UNIT 101 – FIRE SAFETY AWARENESS * UNIT 202 – FIRE SAFETY PRINCIPLES | | * Y/601/969 * D/601/9698 | 2 | | 3 Days | 101 - The aim of this unit is to provide essential knowledge about fire safety so that candidates understand how to prevent fires from starting and what actions to take if a fire does break out in the workplace.  202 - The aim of this unit is to provide candidates with sufficiently detailed fire safety knowledge to undertake specific fire |
| 3 | UNIT 203 – RISK ASSESSMENT | | Y/602/1997 | 2 | | 3 Days | 203 - To provide candidates with a knowledge and understanding of the Risk Assessment process, methodology, forms etc. |
| 4 | * UNIT 208 – FUNDAMENTALS OF DISPLAY SCREEN EQUIPMENT * UNIT 112 – INTERNET SAFETY FOR IT USERS | | * D/503/340 * H/502/9154 | 5 | | 3 Days | 208 - Know the importance of health and safety in relation to display screen equipment, Risk Assessment related to display screen equipment hazards, risks, and Ergonomics  112 - This unit is about the skills and knowledge required by the IT user to work safely and responsibly online. As a result of this unit, IT users will understand the risks of working online and be able to take appropriate precautions to safeguard themselves and others. |
| 5 | UNIT 210 – MANUAL HANDLING & SAFETY AT WORK | | D/602/4593 | 2 | | 3 Days | 210 - Understand the reasons for safe manual handling, manual handling risk assessments and solutions. |
| 6 | UNIT 211 – MOVING PEOPLE SAFELY | | M/602/4596 | 2 | | 1. Days | 211 - Understand the personal safety, health and dignity issues relating to the movement of a person by others. |
| **TOTALS** | | | | **14** | | **18 Days** |  |

**DISTANCE-LEARNING COURSES**



**DISTANCE LEARNING COURSES PROVIDED BY WORKSAFE CC (PARTNER OF OMEGA TRAINING ACADEMY)**

| **COURSE** | **DURATION** | **ACCREDITED BY** | **AIM OF COURSE** |
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| Health & Safety Management Diploma | 8 – 11 months | * US-International Safety Council – H&S Management Diploma issued by them * SAQA/NQF – National Diploma | Aimed at individuals aiming to make a career in Health and Safety Management |
| Personal Protective Equipment Certificate | 3 months | * US-International Safety Council – issued by them | This training programme will help you to understand the legal requirements of issuing Personal Protective Equipment, how to determine the hazards and risks that would make the use of PPE necessary and how to train and instruct employees to use and care for the equipment. |
| Developing an Ergonomics Program Certificate | 3 months | * US-International Safety Council- issued by them | This training programme will help you to understand the legal requirements with regards to perform ergonomic surveys and to create circumstances that will ensure that employees can perform their tasks without physical and psychosocial stress factors |
| Hazardous Substances Awareness and Management Certificate | 3 months | * US-International Safety Council- issued by them | This training programme will help you to understand the legal requirements to ensure the safety of employees working with hazardous substances and implementing a hazardous substances awareness program. |
| Job Hazardous Analysis Certificate | 3 months | * US-International Safety Council - issued by them | This training programme will help you to understand how to perform Job Hazardous Analysis’ and determine the hazards and risks that employees are exposed to. |
| Fire Risk Management Engineering Diploma | 8 – 11 months | * National Fire Protection Association (NFPA) (USA) - Diploma issued by them | This training programme will train and educate the student to assess fire hazards and risks, design fire protection systems, understand the risks of hazardous substances, flammable liquids, storage tanks, design and implement emergency procedures and evacuation plans and its implementation. |
| Basic Security Management | 3 months | * ASIS International (USA) - certificate issued by them   (Not SAQA or PSIRA) | This training programme will train and educate individuals who wants to become involved in Security Management. |



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| Distance-Learning Port Facility Security Course – Qualification as Port Facility Security Officer (PFSO) as required at all sea ports by the ISPS Code regulated by the IMO | * 1. months | * British Marine Training Organisation M.S.S. Limited - certificate issued by them * Accredited by the British Transport Security Directorate | This training programme train and educate individuals who must become the Port Facility Security Officer (PFSO) in terms of the International Shipping and Ports Code (ISPS) as required by the International Maritime Organisation (IMO) |